

Welcome to St Mary's Apsley & St Benedict's Bennetts End



and welcome to our services today

9th February, 2025
Fourth Sunday before Lent

If you need anything during the service, please ask someone sitting nearby, they will be pleased to help. Please stay after the service for refreshments and a chat in the Refectory at the back of the church.

This Week at St Mary's & St B's

Today

9.00am Bellringing at St Mary's
9.30am Parish Age Eucharist at St Mary's
11.15am Parish Eucharist at St Benedict's

Monday

9.15-10.45am Little Bears at St Benedict's
10.00 -12.00 Working Party at St Mary's
8.00pm Bellringing practice at St Mary's

Tuesday

9.30am Buzzy Bees at St Mary's
12.30-2.30pm St Mary's Foodbank and Community Café

Wednesday

9.30-11.30am Foodbank at St Benedict's

Thursday

9.30 - 3.30 St Mary's Church open for private prayer
9.30am Eucharist at St Mary's
10.00 – 12.00 St Mary's Foodbank & Community Café
10.15am Study Group in St Mary's Vestry
8pm Home Study Group

Friday

10.00 -12.00 Working Party in St Mary's Church & Churchyard
10.30-11.45 Coffee Morning at St Mary's

Saturday

10.00 -12.00 Saturday Community Café at St Mary's

Sunday 16th February

9.30am Parish Eucharist at St Mary's
11.15am Parish Eucharist at St Benedict's
3pm Messy Church at St Mary's



New Venture

Come and Join Us
2nd and 4th Fridays of the Month
Friday Coffee Mornings
10.30am to 11.45am.

We are starting a coffee morning on Fridays in the refectory at St Mary's. The first one will be this Friday, 14th February and will continue to be held on the second Friday and fourth Friday each month. At the end of March, this will be reviewed to assess the demand and adjustments made if needed.

This activity will run alongside the working party and is open to all. There will be the opportunity to chat, have a cuppa and biscuits, play simple games eg dominoes, discuss issues or whatever the group would like, we are open to suggestions.

Any questions, please ask Joy West

Sunday's Collect and Readings (Year C)

The Collect

O God,
you know us to be set
in the midst of so many and great dangers,
that by reason of the frailty of our nature
we cannot always stand upright:
grant to us such strength and protection
as may support us in all dangers
and carry us through all temptations;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

A reading from the book of Isaiah 6.1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

'Holy, holy, holy is the Lord of hosts;
the whole earth is full of his glory.'

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: 'Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!'

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: 'Now that this has touched your lips, your guilt has departed and your sin is blotted out.' Then I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' And I said, 'Here am I; send me!'

This is the Word of the Lord.

THANKS BE TO GOD!

A reading from the First Letter to the Corinthians 15.1-11

Now I should remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you—unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive,

though some have died. Then he appeared to James, then to all the apostles. Last of all, as to someone untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace towards me has not been in vain. On the contrary, I worked harder than any of them—though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

This is the Word of the Lord.

THANKS BE TO GOD!

Hear the Gospel According to Luke 5.1-11

GLORY TO YOU, O LORD!

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.' Simon answered, 'Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.' When they had done this, they caught so many fish that their nets were beginning to break. So they signalled to their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!' For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, 'Do not be afraid; from now on you will be catching people.' When they had brought their boats to shore, they left everything and followed him.

This is the Gospel of the Lord.

PRAISE TO YOU, O CHRIST!

Thursday's Readings (Year C)

A reading from Genesis 2.18-end

Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

This is the Word of the Lord.
THANKS BE TO GOD!

Psalm 128

1 Blessed are all those who fear the Lord, ♦
and walk in his ways.
2 You shall eat the fruit of the toil of your hands; ♦
it shall go well with you, and happy shall you be.
3 Your wife within your house
shall be like a fruitful vine; ♦
your children round your table,
like fresh olive branches.
4 Thus shall the one be blest ♦
who fears the Lord.
5 The Lord from out of Zion bless you, ♦
that you may see Jerusalem in prosperity
all the days of your life.
6 May you see your children's children, ♦
and may there be peace upon Israel.

Hear the Gospel According to Mark 7.24-30

GLORY TO YOU, O LORD!

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go—the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

This is the Gospel of the Lord.
PRAISE TO YOU, O CHRIST!

Contact Information

Vicar: Mthr Alice Jolley ☎01442 615246

General Enquiries: Please contact the Benefice Office
Monday – Friday 8.30am – 12.30pm

Administrator/Benefice Office:

Sue Bassett ☎ 01923 266596 or 07503 950315 or
info@beneficeoflangelei.org.uk

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Safeguarding: Katharine Harper ☎ 07881 602024
KatharineHarper23@gmail.com

Website/calendar: www.BeneficeofLangelei.org.uk/StMarys

Notices

Please send any input for next week to Sue in the Benefice office on info@beneficeoflangelei.org.uk by noon on Wednesday and copy it to StMarysApsleyEnd@gmail.com.

Friday coffee morning 10.30am to 11.45am.

Come join us at our new coffee mornings on Fridays in the refectory at St Mary's. Starting this week on Friday 14th February and will continue to be held on the second Friday and fourth Friday each month. At the end of March, this will be reviewed to assess the demand and adjustments made if needed. This activity will run alongside the working party and is open to all. There will be the opportunity to chat, have a cuppa and biscuits, play simple games eg dominoes, discuss issues or whatever the group would like. Any questions, please ask Joy West

Pancakes at St Mary's 4th March

We will be holding our annual pancake evening in the refectory on Tuesday 3rd March from 5pm onwards; there will be time to join the Lent group at 7.30 pm. Please come and enjoy freshly made pancakes and great company. Everyone welcome.

Langelei Lent Course: 3rd March-14th April

This year, we are running a Team Lent Course starting on 3rd March to 14th April. There will be 3 sessions/locations available each week. Each location will be using the same material each week over the 6 week period:

Monday 3.30-5pm at Jos' house in Bedmond

Tuesday 7.30-9pm at Alice's house, Bennet's End

Friday 10-11.30 at All Saints Church, KL

Saturday 10 -11.30 during café at St Mary's

We will be using a book written by Paula Gooder called 'Women of Holy Week'. You do not have to purchase the book but can do so if you would like to. If you would like to know more, please contact: Alice, Jos or Keith/Andy at All Saints. There will be a sign up sheet at the back of Church.

Sponsorship for our organists



Our organist today, Mark Terry, is sponsored by an anonymous person. If you enjoy having the organ accompany our worship you too can be a sponsor. You can mark a Birthday, Anniversary or a notable event or just because.

Please contact one of the churchwardens – Harry G-B or Sylvia Low for more information.

Donate to St Mary's

Please support St Mary's by using the QR code below to donate. Thank you.



Foodbanks at St Mary's and St B's

St Mary's foodbank is open 12.30-2.30 on Tuesdays and 10.00 -12.00 on Thursdays with a community café serving simple hot food. St Benedict's foodbank is open Wednesdays 9.30-11.30.

Donations of in date non-perishable, unopened food or household essentials are much appreciated eg LL Milk, Pasta Sauce, Tin Meat/Beans & Sausages or see needs list: either to the church or to Dunelm gratefully received.

Assistance at all foodbanks gratefully received.

If you can help, do come and see us.

Welcome Boxes for Nascent House

Thank you to everyone who has donated items for the welcome boxes. We are currently in need of packets of sweets, toothbrushes, pocket tissues, bars of soap, nail brushes, notelets, pens and boxes with lids (17l -25l). Please note items must not contain alcohol. If you would like further information about this scheme, please speak to Susan or Viv.

Dates for your diary

Fri 14th Feb	Coffee Morning at St Mary's
Sun 16th Feb	Messy Church
Fri 28th Feb	Coffee Morning at St Mary's
Tues 4th Mar	Pancakes at St Mary's from 5pm
Tues 11th Mar	Lent Course Week 1 at Vicarage
Fri 14th Mar	Lent Course Week 2 at Vicarage
Sun 16th Mar	Coffee Morning at St Mary's
Tues 18th Mar	Messy Church
Tues 25th Mar	Lent Course Week 3 at Vicarage
Fri 28th Mar	Lent Course Week 4 at Vicarage
Tues 1st Apr	Coffee Morning at St Mary's
Tues 8th Apr	Lent Course Week 5 at Vicarage
	Lent Course Week 6 at Vicarage

Rotas - Who's doing what when

	9th February	16th February
	9.30 Eucharist	9.30 Eucharist 3pm Messy Church
Music	Mark Terry	Harry G-B
Warden	Dan Shirley	Tim Ward
Sides duty	Ann Wiggins	Peter Bladon
Welcomer	Fiona Shirley	David Agg
Reader	Fiona Shirley	Fiona Shirley
Prayers/ Intercessions	Ian Dixon	Dan Shirley
Offertory	Melanie Henley & Viv Hagel	Fiona Shirley Dan Shirley
Chalice	Peter Bladon	Katharine Harper
2nd Counter	Jim Aylott	Peter Bladon
Refreshments	Viv Hagel & Melanie Henley	Laura G-B & Harry G-B
Sunday School		

Sue Bassett 06/02/2025