

**I am Marina**



**Are you worried  
about yourself  
or someone  
else at St  
Mary's?**

**I have a special job  
at St Mary's to help  
keep you safe.**

**This job is called  
'Parish  
Safeguarding  
Officer.'**

**Do you want to talk to  
someone who can help?**

**How you can contact me:**



**07783173457**



**safeguardingapsley@gmail.com**

**I am here to:**



**- Listen**



**- Give advice**



**- Find you  
more help if  
you need it**



**If you think someone  
needs help NOW  
Call 999 - NOW!**