righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

This is the Word of the Lord.

THANKS BE TO GOD!

Psalm 34.15-22

- 15 The eyes of the Lord are upon the righteous ◆ and his ears are open to their cry.
- 16 The face of the Lord is against those who do evil, ◆ to root out the remembrance of them from the earth.
- 17 The righteous cry and the Lord hears them and delivers them out of all their troubles.
- 18 The Lord is near to the brokenhearted ◆ and will save those who are crushed in spirit.
- 19 Many are the troubles of the righteous; ♦ from them all will the Lord deliver them.
- 20 He keeps all their bones, ◆ so that not one of them is broken.
- 21 But evil shall slay the wicked and those who hate the righteous will be condemned.
- 22 The Lord ransoms the life of his servants ◆ and will condemn none who seek refuge in him.

Glory to the Father and 'to the 'Son and 'to the 'Holy' Spirit; as it was in the be ginning is 'now and shall be for 'ever.' A' men.

Hear the Gospel of our Lord Jesus Christ according to John 6.56-69 GLORY TO YOU, O LORD!

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.

PRAISE TO YOU. O CHRIST!

This bulletin, with the notices, prayer and readings is for you to <u>take home</u> to study at your leisure, Please pray for the work of the church in this Parish. www.beneficeoflangelei.org.uk



The Collect

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself:

help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever.

Amen.

Prayer after Communion

God our creator, you feed your children with the true manna, the living bread from heaven:

let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more:

through Jesus Christ our Lord. Amen.

A reading from the book of Joshua

24.14-2a, 14-18

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, 'Thus says the Lord, the God of Israel: Long ago your ancestors—Terah and his sons Abraham and Nahor—lived beyond the Euphrates and served other gods.

'Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.'

Then the people answered, 'Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.'

This is the Word of the Lord.

THANKS BE TO GOD!

A reading from the Letter of Paul to the Ephesians

6.10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of

Signpost 25th August, 2024

CONTACT DETAILS

Team Vicar: Fr. James McDonald 01923 903531 or james.a.mcdonald@live.co.uk

James's rest day is Monday.

Churchwardens: Andy Wragg 07595 217168

andrewtwragg@gmail.com Keith Gower 07554 997144 gowerkeith@hotmail.co.uk

Safeguarding Officer: Lynne Head 07496 994091 allsaintsklsafeguarding@gmail.com

Team Administrator: Sue Bassett 01923 266596 saintskl2@tiscali.co.uk. Office open Mon-Fri 8.30am-12.30pm. The church building is open daily for prayer. 9.30am - 5pm.

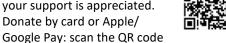
The foodbank is open Tuesdays from 10 to 12noon.

If you need any support or would like a visit or to receive Holy Communion at home, please contact the Wardens or Fr. James.

Children from nursery age are welcome to 'Saints on Sunday' which meets in the hall, unless there is an All Age service. The children go to their activities after the first hymn and return for Communion. Parents are welcome to take younger children out to the hall too. Toilets and baby change facilities are available off the hall corridor. There is also a **Children's Area** under the tower, with pew bags, books and toys.

Giving to All Saints

We rely on donations, and your support is appreciated. Donate by card or Apple/



(right), select amount and gift aid. You can email allsaintstreasurer@btinternet.com to make a one off donation. To join our planned giving scheme or sign up to gift aid, contact Eric Martin: 01923 267604.

Services Today

9.30am Family Eucharist

President Father James McDonald

Readers Sheila Ashman Brian McAdam

Intercessor Rachel McDonald

Organist Bertha Kum

Hymns 276, 595, 506, 427, 589

Duty Warden Brian McAdam

11:15 Baptism - Hugo

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THIS WEEK AT ALL SAINTS

Tuesday 27th August

10 - 11.30am Coffee Morning

10 - 11:30am Foodbank

Wednesday 28th August

10-11:30am NO Tiny Tots Stay & Play 7.30 pm Bell Ringing Practice

Friday 29th August

10.-11.am Bible Study (Zoom) 6.30pm Choir Practice



Sunday 1st September Fourteenth Sunday after Trinity

9:30 Family Eucharist 11.15 Church in the Wild

Thirteenth Sunday after Trinity

For Your Prayers

Prayer Cycle: For all those who live in Tooveys Mill Close, the church Finance Committee and those who live on or by the Grand Union Canal.

Please Pray For: Hazel Archer, Tessa Cox, Olive Darvill, Margaret Johnson, John Heal, Brigette Hease, Vivian Leger, David and Jo Lidgate, Andrew Moon, Mike Morgan, Dennis Neate, Jean Osborn, Alison Paddon Hicks, Rosemary & Steve Moore, May Parker, Sheila Peevers, Jackie Tuck, Steve Wiggins and Lauren Williamson.

NOTICES

TODAY! Sunday 25th August 3.00pm

Kings Langley Methodist Church Songs of Praise

Sunday 8th September

9.30 Family Eucharist with Renewal of Marriage Vows. Bob & Hilary Davies will be renewing their vows during the service and you are invited to join them and renew yours too if you wish.

13th to 15th September - Beer & Fizz 2024 Seeking volunteers to make our 3rd Beer &

Fizz Festival a success! If you want to be part of the fun helping with set up, running or clear up please let us know! There is a rota online or let the office know or email klbeerandfizz@gmail.com

Friday 27th September 7.30pm

Friends of All Saints Quiz Night. At Kings Langley Community Centre, bar available. Tickets £15 including light supper. Email foaskl@outlook.com or call 07796 131291.

Are you considering being Confirmed?

A Deanery Confirmation Course will be starting in the Autumn. Talk to James or Jos if you want to know more.

The Aumbry Light

The Aumbry light is the candle kept alight by the High Altar to mark where the Sacrament is reserved and can be sponsored to mark an anniversary, a celebration or for another prayer intention. If you are interested please contact Eric Martin: 01923 267604.

Church Foodbank – Please support this important resource for those in need. Please leave items in the basket on the table in front of the North Aisle Screen. In date non-perishable food and household essentials are much appreciated. For inspiration please see needs list:

at https://t.ly/VJUIr **Pastoral Support**

It is important to us to be alerted to pastoral issues at All Saints. If you or someone you know needs support, including a visit or Communion at home, please get in touch with one of the following members of the Pastoral Group: Eric Martin, Sheila Ashman, Lynne Head, Brian McAdam or Nicola Isherwood.

Do you have time/energy to spare?

Could you be a more active part of our church family?

There are a variety of opportunities to join in with the wider work of the church. Just speak to a Warden or contact the office, email or call.

Díd you know?

You can hire our hall for parties, one-off events and for regular bookings? Head to the website to book https://bit.ly/3yCo6rb

Have you signed up to our mailing list?

Keep Up To Date with All Saints' - please follow this link https://bit.ly/3YZhM8t