

Psalm 34.1-8

1 I will bless the Lord at all times;
his praise shall ever be in my mouth.
2 My soul shall glory in the Lord;
let the humble hear and be glad.
3 O magnify the Lord with me;
let us exalt his name together.
4 I sought the Lord and he answered me
and delivered me from all my fears.
5 Look upon him and be radiant
and your faces shall not be ashamed.
6 This poor soul cried, and the Lord heard me
and saved me from all my troubles.
7 The angel of the Lord encamps around those who fear him
and delivers them.
8 O taste and see that the Lord is gracious;
blessed is the one who trusts in him.

Hear the Gospel of our Lord Jesus Christ according to John 6.35, 41-51

GLORY TO YOU, O LORD!

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.
Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord.

PRAISE TO YOU, O CHRIST!

*This bulletin, with the notices, prayers and readings is for you to **take home** to study at your leisure, Please pray for the work of the church in this Parish.*

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Signpost

Eleventh Sunday after Trinity- 11th August 2024
Welcome!

The Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

A reading from the First book of Kings

19.4-8

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

This is the Word of the Lord.

THANKS BE TO GOD!

A reading from the Letter of Paul to the Ephesians

4.25-5.2

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the Word of the Lord.

THANKS BE TO GOD!

Signpost 11th August 2024

CONTACT DETAILS

Team Rector: Fr. James McDonald
01923 903531 James.a.mcdonald@live.co.uk
James's rest day is Monday.

Churchwardens:
Keith Gower 07554 997144
gowerkeith@hotmail.co.uk
and Andy Wragg 07595 217168
andrewtwragg@gmail.com

Safeguarding Officer: Lynne Head
07496994091
allsaintsklsafeguarding@gmail.com

Team Administrator: Sue Bassett
01923 266596 or 07503 950315 or
info@beneficeoflangelei.org.uk.
Office open Mon-Fri 8.30am-12.30pm.
The church building is open daily for prayer.
9.30am – 5pm.
The foodbank is open Tuesdays from 10 to
11.30am. Donations when church open.
**If you need any support or would like a visit
or to receive Holy Communion at home,
please contact the Wardens or Fr. James.**

Services Today

9.30am Family Eucharist
President Rev Atalie Gaines
Readers Vivian Ledger, Brian McAdam
Intercessor Sheila Ashman
Organist Bertha Kum
Hymns 422, 664, 594, 448, 498

Children from nursery age are welcome to 'Saints on Sunday' which meets in the hall, unless there is an All Age service. The children go to their activities after the first hymn and return for Communion. Parents are welcome to take younger children out to the hall too. Toilets and baby change facilities are available off the hall corridor. There is also a **Children's Area** under the tower, with pew bags, books and toys.

THIS WEEK AT ALL SAINTS

Tuesday 13th August
10 - 11.30am Coffee Morning, Royal Chapel
10 - 11:30am Foodbank - Lady Chapel

Wednesday 14th August
10-11:30am NO Tiny Tots Stay & Play
7.30pm Bellringing Practice

Friday 16th August
10-11am Bible Study (Zoom)
6.30pm Choir Practice



Have you signed up to our mailing list?
Keep Up To Date with All Saints' - please follow this link <https://bit.ly/3YZhM8t>

Sunday 18th August 12th Sunday after Trinity

9.30 Lay-Led Service

Our services are live streamed. The camera is focused on those leading the service. Any images of the congregation will be distant or in passing. If you wish to remain off camera please sit in the left hand bank of seating (north aisle).

Giving to All Saints

We rely on donations, and your support is appreciated. Donate by card or Apple/Google Pay: scan the QR code, select amount and gift aid. You can email allsaintstreasurer@btinternet.com to make a one off donation. To join our planned giving scheme or sign up to gift aid, contact Eric Martin: 01923 267604.



Eleventh Sunday after Trinity

For Your Prayers

Prayer Cycle: All who live or work in The Nap, The Waterside Centre and everyone who cleans our church, vestries and hall.

Please Pray For: Archer, Tessa Cox, Olive Darvill, Margaret Johnson, John Heal, Brigette Hease, Vivian Leger, David and Jo Lidgate, Andrew Moon, Mike Morgan, Dennis Neate, Jean Osborn, Alison Paddon Hicks, Rosemary & Steve Moore, May Parker, Sheila Peevers, Jackie Tuck, Steve Wiggins and Lauren Williamson.

NOTICES

Wednesdays 21st August 10-11.30
Summer Special - Tiny Tots Stay & Play will meet in the Church Hall for craft, play, story time and singing. Come and have fun!

Green Gym 24th August 9 - 11 am.
Please come as there's lots to do in the churchyard with the last one being rained off! Please could let Richard Ashman know if you're coming along - 07951 760050 or richardashman9@gmail.com

Sunday 25th August 3.00pm
Kings Langley Methodist Church
Songs of Praise

13th to 15th September - Beer & Fizz 2024
Seeking volunteers to make our 3rd Beer & Fizz Festival a success! If you want to be part of the fun helping with set up, running or clear up please let us know! There is a rota online or let the office know or email klbeerandfizz@gmail.com

Are you considering being Confirmed?
A Deanery Confirmation Course will be starting in the Autumn. Talk to James or Jos if you want to know more.

Friday 27th September Save the date!
Friends of All Saints Quiz Night. Start building your teams then come and have an evening of fun with friends

Please pray for Nada, who previously lived in Watford but moved back to Lebanon, and the wider work of Christian Aid:
"We are scared of what will happen tomorrow. But still praying that God will protect us and our children. It's hard here, a very bad situation like everyone is preparing for the war. And we don't have house or job until now ...Tony will begin his work on 1st October. But we have our hope in Jesus. Praying always. We stay in my sister house now"

Church Foodbank – This has been well used and stocks are very low. Please support this important resource for those in need. Everything in date and unopened counts - Sugar, tinned fruit and custard. Items can be left in the basket on the table in front of the North Aisle Screen. See needs list: <https://t.ly/VJUir>
Cash donations can be made using QR



The Aumbry Light
The Aumbry light is the candle kept alight by the High Altar to mark where the Sacrament is reserved and can be sponsored to mark an anniversary, a celebration or for another prayer Intention. If you are interested please contact Eric Martin: 01923 267604.

Pastoral Support It is important to us to be alerted to pastoral issues at All Saints. If you or someone you know needs support, including a visit or Communion at home, please get in touch with one of the following members of the Pastoral Group: Eric Martin, Sheila Ashman, Lynne Head, Brian McAdam or Nicola Isherwood.

Would you like to be part of our church family?
There are a variety of opportunities to join in with the work of the church. Just speak to a Warden or contact the office, email or call .

Did you know?
You can hire our hall for parties, one-off events and for regular bookings? Head to the website to book <https://bit.ly/3yCo6rb>