

# The Benefice of Langelei

## Prayer after Communion

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.

**Amen**

**The following reading is the usual reading for the first Sunday of Lent. It is included here for you to read at your leisure.**

### **Matthew 4.1-11**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, "One does not live by bread alone, but by every word that comes from the mouth of God.'"

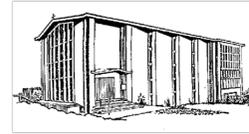
Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you,' and "On their hands they will bear you up, so that you will not dash your foot against a stone.'

" Jesus said to him, "Again it is written, "Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

***This bulletin with the notices, prayers and readings is for you to take home to study at your leisure. Please pray for the work of the church in this Parish.***



St Benedict's,  
Bennetts End



Holy Trinity,



St Mary's,



All Saints,

## First Sunday of Lent

**22<sup>nd</sup> February, 2026**

### The Collect

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

**Amen**

### A reading from the Letter of Paul to the Romans

**8.26-28**

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. We know that all things work together for good for those who love God, who are called according to his purpose.

This is the Word of the Lord.

**THANKS BE TO GOD!**

### Hear the Gospel according to Matthew

**6.6-8**

**GLORY TO YOU, O LORD!**

But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. "When you are praying, do not heap up empty phrases as the Gentiles do; for they think that they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.

This is the Gospel of the Lord.

**PRAISE TO YOU, O CHRIST!**

# Holy Trinity Bulletin 22<sup>nd</sup>February, 2026

# First Sunday of Lent

## CONTACT DETAILS

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## Prayer of preparation

Spirit of God, come among us, work within us.  
Breathe life into our worship, love into our hearts, and light into our witness.  
Cleanse us and make us new.  
Touch us and make us whole.  
Receive our worship in Jesus' name.  
**Amen**

**Holy Trinity is open every day** from 10.00am to 4.00pm.

**Children** from Nursery age upwards are encouraged to join Junior Church in the Trinity Room, except when there is an 'all-age' service. Parents are welcome too! There is also a children's corner at the front of church with toys, books and colouring, to be used under your own supervision. Toilets and baby change facilities are through the Trinity Room.

Our services are live streamed. Cameras are focused on those leading the service. Any images of the congregation will be distant or in passing. Please sit on the far left if you wish to remain off camera.

## Services Today

**10.00am** Parish Eucharist

**President** Rev Dr Diana Stretton

**Hymns** 393, 67, 461  
**NEH** 70, 63

**Junior Church** Suzanne



## This Week at Holy Trinity

### Monday 23rd February

2.30pm Funeral of  
Jean Mary Taylor  
7.30pm CA Group

### Wednesday 25th February

9am Morning Prayer  
10am Communion Service  
2pm Craft Group

### Thursday 26th February

10am Toddlers & Babies Church  
2.30pm Friendship Teas  
7.30pm CA Group

### Friday 27th February

11am Funeral of  
Mikey Carmichael  
7pm Choir Practice

### Saturday 28th February

10am-12 Coffee Shop

### Morning services around the team

All are welcome to mid-week Morning Prayer and Holy Communion services  
Tuesdays St Benedict's - 9am MP  
Thursdays St Mary's - 9am MP, 9.30am HC  
Fridays All Saints - 9am MP, 10am HC

## Sunday 1st March Second Sunday of Lent

**8.00am** BCP Eucharist  
**10.00am** Parish Eucharist  
**Readings** Genesis 12.1-4a  
Romans 4.1-5, 13-17  
John 3.1-17  
**4.30pm** Sacred Space (Taizé)

## PRAYERS

... for the ministry team, lay and ordained.

... for the sick: For those with ongoing needs: Eileen Adams, June Buxton, Laurence Blythe, Barbara Chapman, Greg Coulshed, Phyllis Duncan, Rich Gibbs, Kay Hawes, Linda Maynard, Rachel O, Florence Portugal, David Roberts, Pamela Sanvoisin, Alison Parkyns, Anne Ball and Su.

For those with immediate needs: Martin Meredith, Sue Page, Roy Platten, Mike Hawtin, Iain and Verity.

... for the departed: We pray for the repose of the souls of the recently departed, especially John Carlton-Ashton, Jean Taylor, Mikey Carmichael and remembering those whose anniversary falls at this time. We pray for their families and friends and all who mourn.

## DATES FOR YOUR DIARY

**Sunday 1st March 4.30pm** - Sacred Space. A new service to explore different and reflective styles of worship. Our service on the 1st March will be a quiet and reflective service with songs and prayers from Taizé.

**Wednesday 4th March 12noon - 1.45pm** - Lent Lunch

**Saturday 7th March 10am - 4pm** - Team Quiet Day. Pause in Lent for reflections on the Lord's Prayer. Pick up a flyer in church for full details and how to book.

**Friday 20th March 12noon - 2pm** - Lent Lunch

**Sunday 22nd March 10.30am** - Team service at St Benedicts. All are welcome to come and celebrate at the 'soft launch' of the revitalization of St Benedicts.

All that we do to support our community would not be possible without your generous donations. If you would like to support our work financially please follow the link from this QR code:



## NOTICES

### Lent course

The team Lent course will be starting the week of the 23rd February for 5 weeks exploring the theme of prayer. Sessions will be Tuesday lunchtimes at 11.30am at All Saints Kings Langley, Thursday evenings at St Benedict's (7pm for food, 8pm for course) and Saturday mornings at 10am at St Mary's (skipping the 7th for the Quiet Day). Full details and how to sign up in the flyers attached/at the back of church.

### Team Quiet Day

All are welcome to the Team Quiet Day on the 7th March, 10am - 4pm at St Peter's Church, London Colney. The cost is £5. Email or phone Sue in the Benefice Office to book your place before the end of February so we know numbers. Flyers at the back of church. Please talk to Diana if you have any questions, need help with booking, or if you need a lift.

### Lent Lunches

We have two Lent Lunches scheduled for the 4th and 20th March. If you would like to help with these then please talk to Diana or a member of the Events team.

### Sacred Space

The first of our new Sacred Space services will take place next Sunday 1st March at 4.30pm. These services are designed to be reflective and give the opportunity to explore different styles of worship and prayer. Next Sunday will be a service in the Taizé style. If you have not experienced this type of worship before I recommend you come along and try it. Quiet and prayerful with beautiful music. The service will be in the Trinity Room.

This Sunday Rev Jos Perris is providing cover at Aldenham Church, Rev Becky Leach is leading the service at All Saints Kings Langley, and Tim Bourne is preaching at St Mary's Apsley.