

them, and God said to them, "Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth." God said, "See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food." And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

This is the Word of the Lord. **THANKS BE TO GOD!**

### **A reading from the Letter of Paul to the Romans**

**8.18-25**

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the Word of the Lord. **THANKS BE TO GOD!**

### **Hear the Gospel According to Matthew**

**6.25-end**

#### **GLORY TO YOU, O LORD!**

"Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. "So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

This is the Gospel of the Lord. **PRAISE TO YOU, O CHRIST!**

### **Prayer after Communion**

**God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord.**

**Amen**



### **The Collect**

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen**

### **A reading from the Book of Genesis**

**1.1-2.3**

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day. And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, "Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it." And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, "Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth." And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, "Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky." So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, "Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth." And there was evening and there was morning, the fifth day.

And God said, "Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind." And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good. Then God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth." So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed

# Signpost 8<sup>th</sup> February, 2026

CONTACT DETAILS	
<p><b>Team Rector:</b> Fr. James McDonald james.a.mcdonald@live.co.uk James' rest day is Monday.</p> <p><b>Associate Priest:</b> Rev Jos Perris 07979 590480 josperris@hotmail.com</p> <p><b>Churchwardens:</b> Andy Wragg 07595 217168 andrewtwragg@gmail.com Keith Gower 07554 997144 gowerkeith@hotmail.co.uk</p> <p><b>Safeguarding Officer:</b> Lynne Head 07496 994091 allsaintsklsafeguarding@gmail.com</p> <p><b>Team Administrator: Sue Bassett</b> 01923 266596 or 07503 950315 office@langelei.onmicrosoft.com Office open Mon-Fri 8.00am-12.00pm. The church building is usually open daily for prayer 9.30am – 5pm.</p> <p><b>There is a defibrillator by the hall door</b> <b>If you need any support/would like a visit or to receive Holy Communion at home, please contact the Wardens or Pastoral Support.</b></p>	
<p><b>Children</b> from nursery age are welcome to 'Saints on Sunday' which meets in the hall, unless there is an All Age service. The children go to their activities after the first hymn and return for Communion. Parents are welcome to take younger children out to the hall too. Toilets and baby change facilities are available off the hall corridor. There is also a <b>Children's Area</b> under the tower, with pew bags, books and toys.</p>	
<p><b>Pastoral Support</b> If you or someone you know needs pastoral support, including a visit or Communion at home, please get in touch with the Pastoral Group: Eric Martin, Sheila Ashman, Lynne Head, Brian McAdam or Nicola Isherwood. Email info@beneficeoflangelei.org.uk</p>	
<p><b>Giving to All Saints</b>  We rely on donations, and your support is appreciated. Please scan the QR code, select amount &amp; gift aid or <input type="checkbox"/> allsaintstreasurer@btinternet.com to make a one off donation. To join our planned giving scheme or sign up to gift aid, contact Eric Martin: 01923 267604.</p>	

Services Today	
<b>9.30am</b>	Family Eucharist
<b>President</b>	Fr James McDonald
<b>Organist</b>	Bertha Kum
<b>Hymns</b>	532*, 236, 741, 601, 710* Prelude, Fugue and Chaconne
<b>Voluntary</b>	in C, BuxWv 137 (excerpt) (Buxtehude)
<b>Readers</b>	Liz Machell Marian Miers
<b>Intercessor</b>	Brian McAdam
<b>Duty Warden</b>	Sheila Ashman

**Ash Wednesday February 18<sup>th</sup> at 8pm**  
There will be a Team Service at St Mary's taken by Rev Dr Diana Stretton.  
Everyone Welcome.

THIS WEEK AT ALL SAINTS	
<b>Tuesday 10<sup>th</sup> February</b>	10 - 11.30am Kings Langley Foodbank 10 - 11.30am Coffee Morning
<b>Wednesday 11<sup>th</sup> February</b>	<b>9am Morning Prayer</b> 10am Tiny Tots Stay & Play 7.30pm Bell Ringing Practice
<b>Friday 13<sup>th</sup> February</b>	<b>9am Morning Prayer</b> <b>10am Holy Communion</b> 10-11am Bible Study (Zoom) 6.30pm Choir Practice
<b>Sunday 15<sup>th</sup> February - Sunday next before Lent</b>	9.30am Family Eucharist
<b>Morning services around the team</b>	
<i>All are welcome to mid-week Morning Prayer and Holy Communion services</i>	
Tues	St Benedict's - 9am Prayer Meeting
Wed	Holy Trinity - 9am MP, 10am HC
Thurs	St Mary's - 9am MP, 9.30am HC
Fri	All Saints - 9am MP, 10am HC

# Second Sunday before Lent

For Your Prayers	
<p><b>Please pray for our Ministry Team :</b> Fr James, Rev Diana, Rev David &amp; Rev Jos and all who support them.</p> <p><b>Prayer Cycle:</b> For all those who live in Tooveys Mill Close, our Servers and the Waterside Centre.</p> <p><b>Please Pray For:</b> Richard Blackburn, Barbara Brown, Tessa Cox, Margaret Dicks, Nick Foster, Tim Groves, Charles Johnson, Rosemary &amp; Steve Moore, Barbara Parker, Amelie Sherman-Morley, Steve Wiggins, Lauren Williamson and John Worby.</p> <p><b>RIP:</b> Brian Quarry.</p> <p><i>If you would like to add someone to the prayer list, please contact Nicola Isherwood on 07850 172340 or email isherwoods75@gmail.com</i></p>	

## NOTICES

It is with great sadness that we hear of the passing of Brian Quarry, once organist here, just one day before his 101th birthday. The funeral is on Saturday 21st February at St Peter's Church, Petersham at 1pm and everyone is warmly welcome to attend..

**The Big Clean - Saturday 28th February**  
Sign up sheets are now at the back of the church. Please do come and take part!

**Friday 6th March - World Day of Prayer**  
There is a service for everyone, 2pm at Christchurch Baptist. All welcome.

**Saturday 7th March - Team Quiet Day**  
10am - 4pm at St Peter's Church, London Colney. We are exploring the Lord's Prayer. £5 per person. See flyer for full details. Places are limited - Book Now.

**Tues 24th Feb - Tues 24th March 11.30am**  
Save the dates for the Lent Course here.

**Did you know?**  
You can hire our hall for parties, one-off events and for regular bookings? Head to the website to book <https://bit.ly/3yCo6rb>

Please consider using easyfundraising if you are shopping online! It's a really simple way to raise money for the Church through your online shopping with retailers like Argos, John Lewis, M&S, ASOS, eBay, Boden, and it's completely free! Over £20million has already been raised for good causes, please help us get our share! <https://www.easyfundraising.org.uk/causes/allsaintschurchkingslangley/>

**Christian Aid: Racial Justice Sunday**  
Christian Aid works in many diverse situations where the challenges of working across racial boundaries are ever present.

On this Racial Justice Sunday, we pray that in all it does, it may be a reconciling presence, acting with compassion and mercy as Jesus did. And we pray for ourselves, that we may be inspired and empowered to confront prejudice wherever we meet it: in our own lives, our community and the wider world.

**Foodbank** – Thank you for all your donations. Your donations have been fabulous but we would be very grateful for the following that can be left in the tray on the table in front of the North Aisle Screen. Items must be in date **non-perishable** food and household essentials. Especially LL Milk, crisps, biscuits, cereals, custard, tinned fruit, m/w rice packet rice & pasta sauces. For inspiration please see needs list at <https://t.ly/VJUlr>



**The Aumbry Light**  
*The Aumbry light is the candle kept alight by the High Altar to mark where the Sacrament is reserved and can be sponsored to mark an anniversary, a celebration or for another prayer intention. If you are interested please contact Eric Martin: 01923 267604*

**It takes a village.....**  
.....to run a church community!  
We are looking for help with many of the tasks it takes for our church community to function well. If you are able to help please let us know. Office or Churchwardens.