# Welcome to St Mary's Apsley



and welcome to our service today

14<sup>th</sup> July, 2024 Seventh Sunday after Trinity

If you need anything during the service, please ask someone sitting nearby, they will be pleased to help. Please stay after the service for refreshments and a chat in the Refectory at the back of the church.

## This Week at St Mary's

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9.00am	Bellringing
9.30am	Parish Eucharist

## Monday

10.00 -12.00	Working Party
8.00pm	Bellringing practice

## Tuesday

9.30am Buzzy Bees12.30-2.30pm Foodbank and Community Café

## Thursday

9.30 - 3.30	Church open for private prayer
9.30am	Morning Service at St Mary's
10.00 - 12.00	Foodbank and Community Café
10.15am	Study Group in the Vestry
8pm	Study Group

## Friday

10.00 -12.00 Working Party in Church & Churchyard

## Saturday

10.00 -12.00 Saturday Community Café

## Sunday 21st July

9.00amBellringing9.30amMorning Eucharist



### Dear All,

How we are inspired to do something creative is quite an interesting process. For example, when writing this piece for the bulletin I suddenly have an idea that bursts into my consciousness – sometimes its because I have had a memory, stimulated by something I have heard and other times it seems to be generated from a winding chain of thought; our brains are really quite amazing.

This week I was reminded of something my daughter was told when she was at primary school; we learn more from the mistakes that we make more than from when things go right. It has been something I have used to remind her when she has been annoyed with herself for making a silly mistake or having done something daft.

However, this gives a very interesting perspective on worrying about being wrong or doing the wrong thing; it seems that we can be embarrassed by this or scared to admit to making mistakes. As humans we are all fallible; it is an intrinsic part of our character, and we are not being honest with ourselves if we think otherwise. To be honest, in this context, admitting to our failings is a very brave thing to do and also very liberating...

Creativity, therefore, can be a consequence of being wrong. When I was a research scientist it was the serendipitous errors that quite often yielded greater insight into what I was investigating; how many advances in human endeavour have resulted from lucky mistakes? The discovery of penicillin was one such mistake and where would we be today without this!

Have a good week and remember that its good to make mistakes. You never what you might find out about yourself.

Best wishes, Sylvia

## Sunday's Collect and Readings (Year B)

## The Collect

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### Amen

## A reading from the book of Amos 7.7-15

This is what he showed me: the Lord was standing beside a wall built with a plumb-line, with a plumb-line in his hand. And the Lord said to me, 'Amos, what do you see?' And I said, 'A plumb-line.' Then the Lord said,

'See, I am setting a plumb-line in the midst of my people Israel; I will never again pass them by; the high places of Isagc shall be made desolate.

and the sanctuaries of Israel shall be laid waste,

and I will rise against the house of Jeroboam with the sword.'

Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, 'Amos has conspired against you in the very centre of the house of Israel; the land is not able to bear all his words. For thus Amos has said,

"Jeroboam shall die by the sword, and Israel must go into exile away from his land." '

And Amaziah said to Amos, 'O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the

for it is the king's sanctuary, and it is a temple of the kingdom.' Then Amos answered Amaziah, 'I am no prophet, nor

Then Amos answered Amaziah, 'I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycomore trees, and the Lord took me from following the flock, and the Lord said to me, "Go, prophesy to my people Israel."

This is the Word of the Lord. **THANKS BE TO GOD!** 

## A reading from the Second Letter of Paul to the Ephesians

1.3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the Word of the Lord.

#### THANKS BE TO GOD!

## Hear the Gospel of our Lord Jesus Christaccording to Mark6.14-29

#### GLORY TO YOU, O LORD!

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his quests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord. **PRAISE TO YOU, O CHRIST!** 

## Thursday's Readings (Year B)

## Isaiah

26.7-9, 16-19

The way of the righteous is level; O Just One, you make smooth the path of the righteous.

In the path of your judgements, O Lord, we wait for you: your name and your renown are the soul's desire. My soul yearns for you in the night, my spirit within me earnestly seeks you. For when your judgements are in the earth, the inhabitants of the world learn righteousness. O Lord, in distress they sought you, they poured out a prayer when your chastening was on them. Like a woman with child, who writhes and cries out in her panas when she is near her time. so were we because of you, O Lord; we were with child, we writhed, but we gave birth only to wind. We have won no victories on earth, and no one is born to inhabit the world. Your dead shall live, their corpses shall rise. O dwellers in the dust, awake and sing for joy! For your dew is a radiant dew, and the earth will give birth to those long dead.

This is the Word of the Lord THANKS BE TO GOD

## Psalm

## 102.14-21

14 You will arise and have pity on Zion; •

it is time to have mercy upon her; surely the time has come.

15 For your servants love her very stones  $\blacklozenge$ 

and feel compassion for her dust.

16 Then shall the nations fear your name, O Lord,  $\blacklozenge$ 

and all the kings of the earth your glory,

17 When the Lord has built up Zion +

and shown himself in glory;

18 When he has turned to the prayer of the destitute  $\ \blacklozenge$ 

and has not despised their plea.

19 This shall be written for those that come after, • and a people yet unborn shall praise the Lord.

20 For he has looked down from his holy height; • from the heavens he beheld the earth,

21 That he might hear the sighings of the prisoner + and set free those condemned to die;

## A reading from the Gospel

according to Matthew

## GLORY TO YOU, O LORD!

. 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord. **PRAISE TO YOU, O CHRIST!** 

11.28-end

# **Notices**

Please send any input for next week to Sue in the Benefice office on SaintsKL2@tiscali.co.uk by noon on Wednesday and copy it to StMarysApsleyEnd@gmail.com.

Invitation to Father James Mc Donald's Institution, Induction and Installation as Team Rector of the Lanaelei Team Ministry on Sunday 28<sup>th</sup> July at 4.30 pm, All Saints Kinas Langley

Everyone is invited to the above which will happen during Choral Evensong for St James the Great. Full details are given in the invitation which is at the back of the Church.

## A Message from Janet

I was thrilled to be able to join in the family fun day for a short while on Saturday 29th June. It was a lovely occasion. I also wanted to thank everyone for all the cards, messages, visitors and prayer support during my illness this year. It has all meant a huge amount to me. I'm pleased to say that I am now having some good spells in between the rounds of chemotherapy. Just in case you don't know what I'm talking about, I have been diagnosed with a lymphoma (type of cancer) in a bone deep inside my skull. It has damaged my pituitary gland and some of the nerves to my face leaving me with various hormonal problems. However, it could all be much worse and I hope to manage to get back to church in due course. Best wishes to all, Janet

## Next Rota (for Aug to Oct)

I am about to start sorting out the rota for the next 3 months so please can you let me know the dates that you are unable to do. Also, if you wish to be part of the rota team please do let me know as everyone welcome and we do need more people to help - it will help spread out the load and the frequency everyone has to do something. Thank you for your help with this. Sylvia

## Contact Information

	Athr Alice Jolley <b>2</b> 01442 615246 <u>nthr.AliceJolley@outlook.com</u>		
General Enquiries:	Please contact the Benefice Office Monday – Friday 8.30am – 12.30pm		
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Website/calendar:	www.BeneficeofLangelei.org.uk/StMarys		

#### Foodbanks at St Mary's and St B's

St Mary's foodbank is open 12.30-2.30 on Tuesdays and 10.00 - 12.00 on Thursday's with a community café serving simple hot food.

Donations of in date non-perishable, unopened food or household essentials are much appreciated eg LL Milk, Pasta Sauce, Tin Meat/Beans & Sausages or see needs list: https://t.ly/VJUIr either to the church or to Dunelm gratefully received.

Assistance at both foodbanks and at St B's on Wednesday 9.30-12.00 needed. If you can help, do come and see us.

## Sponsorship for our organists



Our organist today, Bruce Boardman, is sponsored by an anonymous person. If you enjoy having the organ accompany our worship you too can be a sponsor. You can mark a Birthday, Anniversary or a notable event or just because. Please contact one of the churchwardens -

Harry G-B or Sylvia Low for more information.

## Welcome Boxes for Nascent House

Thank you to everyone who has donated items for the welcome boxes. We are currently in need of packets of sweets, shower gel, toothpaste, bars of soap, nail brushes, notelets and boxes with lids (17I -25I). Please note items must not contain alcohol. If you would like further information about this scheme, please speak to Susan or Viv.

## Dates for your diary

Sun 28<sup>th</sup> July 4.30 pm Father James McDonald service Sat 17th Aug 10-12.30pm Bellringing Masterclass

Rotas - Who's doing what when			
	14 <sup>th</sup> July	21st July	
	9.30 Eucharist Jos Perris	9.30 Eucharist Mary Kingsley	
Music	Bruce Boardman	Bruce Boardman	
Warden	Tim Ward	Sylvia Low	
Sides duty	Sylvia Low	Katharine Harper	
Welcomer	Viv Hagel	Melanie Henley	
Reading	Katharine Harper	Melanie Henley	
Intercessions	Viv Hagel	Sue Jakeman	
Offertory	Colin Rivett & Sylvia Low	Fiona Ellison & Melanie Henley	
Chalice	Katharine Harper	Peter Bladon	
2nd Counter	Jim Aylott	Fiona Shirley	
Refreshments	Susan & Colin Rivett	Viv Hagel & Sarah Barnard	
Sunday School			
	•	Sylvia Low 13/07/2024	

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