

## A reading from the Letter of Paul to the Ephesians

5.15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

This is the Word of the Lord.

**THANKS BE TO GOD!**

## Hear the Gospel of our Lord Jesus Christ according to John 6.51-58

**GLORY TO YOU, O LORD!**

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

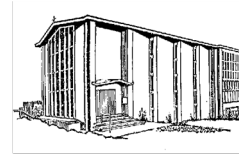
This is the Gospel of the Lord.

**PRAISE TO YOU, O CHRIST!**

*This bulletin, with the notices, prayer and readings, is for you to take home to study at your leisure. Please pray for the work of the church in this Parish.*

[www.beneficeoflangelei.org.uk](http://www.beneficeoflangelei.org.uk)

# The Benefice of Langelei



St Benedict's,  
Bennetts End



Holy Trinity,  
Leverstock Green



St Mary's,  
Apsley



All Saints,  
Kings Langley

## Twelfth Sunday after Trinity - Year B

18<sup>th</sup> August, 2024

### The Collect

Almighty and everlasting God,  
you are always more ready to hear than we to pray  
and to give more than either we desire or deserve:  
pour down upon us the abundance of your mercy,  
forgiving us those things of which our conscience is afraid  
and giving us those good things  
which we are not worthy to ask  
but through the merits and mediation  
of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen**

### A reading from the book of Proverbs

9.1-6

Wisdom has built her house,  
she has hewn her seven pillars.  
She has slaughtered her animals, she has mixed her wine,  
she has also set her table.  
She has sent out her servant-girls, she calls  
from the highest places in the town,  
'You that are simple, turn in here!'  
To those without sense she says,  
'Come, eat of my bread  
and drink of the wine I have mixed.  
Lay aside immaturity, and live,  
and walk in the way of insight.'

This is the Word of the Lord.

**THANKS BE TO GOD!**

# Holy Trinity Bulletin 18<sup>th</sup> August, 2024

# Twelfth Sunday after Trinity

## CONTACT DETAILS

**Vicar: Vacant**  
**Associate Priest: The Revd Jos Perris**  
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## Prayer of preparation

Spirit of God, come among us, work within us.  
Breathe life into our worship, love into our hearts, and light into our witness.  
Cleanse us and make us new.  
Touch us and make us whole.  
Receive our worship in Jesus' name.  
**Amen**

**Holy Trinity church is open everyday** for private prayer and reflection from 10.00am to 4.00pm.

**Children** from Nursery age upwards are encouraged to join the Junior Church which meets in the Trinity Room, except when there is an 'all-age' service. Parents are welcome too! They go out to JC after the Collect prayer and return for Communion. There is a children's corner for tots at the front of church with toys, books and colouring, to be used under your own supervision. Toilets and baby change facilities are available through the Trinity Room.

Our services are live streamed. Cameras are focused on those leading the service. Any images of the congregation will be distant or in passing. Please sit on the far left if you wish to remain off camera.

## Services Today

**10.00am** Parish Eucharist

**Presiding & Preaching** Rev'd Jos Perris

**Hymns HON** 550, 289, 499, 403

**Communion:** 73, 602, 76

## THIS WEEK AT HOLY TRINITY

### Monday 19th August

7.30pm CA Group in TR

### Tuesday 20th August

11-1pm Talking Elephants

### Wednesday 21th August

10am Morning Communion Service

### Thursday 22nd August

2.30-4.30pm Friendship Tea

### Saturday 24th August

10-12 Coffee Shop



## Did you know?

You can find details of parish activities on our website at [www.beneficeoflangelei.org.uk](http://www.beneficeoflangelei.org.uk) and we have a facebook page at [www.facebook.com/holytrinityleverstockgreen](http://www.facebook.com/holytrinityleverstockgreen)

## Sunday 25<sup>th</sup> August Thirteenth Sunday after Trinity

**10.00am** Parish Eucharist

### Readings:

Joshua 24.1-2a, 14-18

Ephesians 6.10-20

John 6.56-69

**11:45am** Baptism - Betsy & Mason

## PRAYERS

**Please pray for** Theo and Ayla-Rose baptised on Sunday 4th August.

**... for the sick:** King Charles, Catherine Princess of Wales, Maureen Bellett, Phyllis Duncan, Amelie Flatt, Lynn Freeman, Kay Hawes, Lesley Hawtin, Mike Hawtin, Rachel O, Florence Portugal, David Roberts, Carole Robson and Su.

**... for the departed:** We pray for the repose of the souls of the recently departed, especially Mary Maton, and those whose anniversary falls at this time. We pray for their families and friends and all who mourn.

## DATES FOR YOUR DIARY

### TODAY - Sunday 18th August 3-5pm

Strawberry Tea in the Churchyard (please note change of venue). If anyone can bring homemade cakes and/or scones we would be very grateful.

### Bike 'n Hike Saturday 14th September

If you plan to join in, visiting as many churches as possible on foot or by bike, please ask me for a sponsorship pack. Nearer the time I'll be asking for volunteers to help to welcome any visitors. Note the date now! Tim Bourne

### All Saints Beer & Fizz Festival

#### 13th – 15th September

Follow the Facebook page for information on which beers will be on tap, champagne lists, which live musicians are performing and what delicious food stands will be tempting your taste buds. Search: Kings Langley Beer & Fizz Festival. Early Bird Ticket on sale until end August

## NOTICES

**Church Foodbank** – Please support this important resource. Cash donations welcome. Items especially needed LL Milk, tinned meat, shower gel, shampoo, laundry products along with items of in-date, non-perishable food. Leave items at the donation point in the TR.

**Saturday Coffee Shop** — more helpers needed! If you can help then please put your name on the list in the TR. Thank you.

**Are you considering being Confirmed?** A Deanery Confirmation Course will be starting in the Autumn. Talk to James or Jos if you want to know more.

**Hall Hire:** To reserve the Trinity Room, Alban Room or Church please email [lght.pccsec@gmail.com](mailto:lght.pccsec@gmail.com)



**Items to be included in the Bulletin:** can be emailed to Sue Gouch [lght.pccsec@gmail.com](mailto:lght.pccsec@gmail.com)