

A very warm **welcome** to our services today. If you are a visitor or newcomer please introduce yourself to the vicar, the welcomer, a churchwarden or a member of the congregation.

### Useful Contacts

If you or somebody you know wishes to receive Holy Communion at home, or other pastoral services, please contact **Rev Richard Howlett** on 01442 767738, email [revrhowlett@gmail.com](mailto:revrhowlett@gmail.com) or one of the Churchwardens (details below).

If you wish to make enquiries about baptisms or weddings, please contact the team office on 01923 266596 or email: [saintskl2@tiscali.co.uk](mailto:saintskl2@tiscali.co.uk)

Our churchwardens:

Rob Hammond Kate Garvie  
01442 253106 01442 209218

Items for the bulletin can be sent to our parish administrator.

Norma Howie 01923 266596  
[saintskl2@tiscali.co.uk](mailto:saintskl2@tiscali.co.uk)

The office is open from 8.00-3.30pm Monday & Wednesday, 12.30pm - 3.00pm Thursday and 11.30am - 2.30pm Friday. Closed Tuesday.

**Morning Prayer** There will be no Morning Prayer until further notice. Contact details above for anyone wanting prayer or a visit.

## Services Today

**10.00am Holy Communion**

**Officiating Revd Lizzie Hood**

Chalice Andrew  
Readers Bob, Rob  
Intercessions Bob  
Sides Duty John  
Warden/ Bob  
Steward  
Coffee Jean  
JC Kate

## Hymns

695 To God be the glory  
161 Father hear the prayer we offer  
476 O breath of life  
159 Father God, I wonder  
817 Have you heard the raindrops?

## Post Communion Collect

Almighty God,  
you see that we have no power of ourselves to help ourselves;  
keep us both outwardly in our bodies, and inwardly in our souls;  
that we may be defended from all adversities which may happen to the body,  
and from all evil thoughts which may assault and hurt the soul;  
through Jesus Christ our Lord.  
**Amen.**

## Please pray for

- ◆ Sue Trundell and Richard Wyatt and their families.
- ◆ all going through a time of temptation at the moment.
- ◆ the local Dens Foodbank - those who donate to it, those who volunteer at it and those who benefit from and rely on it.
- ◆ the school children who will be coming into our church this week to learn about the Easter story.



## Praise God for

Springtime - gradually blooming all around us.

## Next week

**Sunday 19<sup>th</sup> March**

**The Third Sunday of Lent**

**10.00am Holy Communion**

Officiating Revd Richard Howlett

Chalice Carole  
Readers David, Carole  
Intercessions Carole  
Sides Duty Irene  
Warden/ Rob  
Steward  
Coffee Win  
JC Coral

## NOTICES

It's not too late to join this year's **Lent course** which is running jointly with St Mary's. We are studying 'Christ and the chocolaterie' by Hilary Brand. The book refers to clips from the Film 'Chocolat'. Times/places are on the sign up sheet.

### Saturday 18th March

St Patrick's Day Quiz Night at Nash Mills C of E School at 7.00pm. Tickets £5 are available from Rosemary Bladon on 01442 257108 or [bladon2010@btinternet.com](mailto:bladon2010@btinternet.com)



The Revd Lizzie Hood has arranged a training session for those who lead intercessions in church. This will take place on **Monday 20th March** at 7.30pm at Holy Trinity. This will be an opportunity to share good practice and resources. All intercessors welcome!

PCC meeting, **Tuesday 21st March** 7.30pm in church - please remember to return the questionnaires from Alison by next Sunday, latest (postbox on the table at the back)

**Quiz Night** - 1st April in the church hall. 7pm, £8 adults, £4 children, sign up sheet at the back of church - get a team together, bring friends and family (and your own drinks!)

**The Diocesan office** is advertising for two full-time posts - that of (i) Estates Secretary and (ii) PA to the Diocesan Secretary, with details on <https://www.stalbans.anglican.org/diocese/other-vacancies/>.